



ADDENDUM A – Match Day/Training Key Points

NOTE: This document does not replace the Cramlington United F.C. COVID-19 Training/Match Day Risk Assessment and everything in the Risk Assessment is valid and should be strictly followed.

1. Remind all players, officials, volunteers and spectators to undergo a self-assessment for any Covid-19- symptoms listed below. If an individual is symptomatic and/or living in a household with a possible Covid-19 infection they should follow Government guidance.
[Covid-19 Guidance](#)
 - A high temperature (above 37.8°C);
 - A new, continuous cough; and
 - A loss of, or change to, their sense of smell or taste.
2. Contact opposition and ask them to complete the clubs 'track and trace' system (unless they have their own system in place). Send 'track and trace' to parents to complete prior to match day.
<http://www.cramlingtonunitedfc.co.uk/track-trace/>
3. Inform opposition that there will be no changing or toilet facilities. Players to arrive changed.
4. Coach to arrive in plenty of time to set-up session/pitch. Ensure 'A' frame social distancing signs are in place.
5. Provide player stations for their own drinks and hand sanitiser and any other belongings.
6. Carryout random temperatures checks on arrival using a forehead digital thermometer. If the 'fever' alarm is activated the player will be asked not to take part in the session or match.
7. Players/coaches to be encouraged to hand sanitise on arrival, breaks and at the end. ('Hand sanitiser station' should also be made available).
8. All equipment used by coaches will be cleaned before/during/after each session/match and sharing avoided. Parents should be offered protective gloves if helping to put up goalposts, respect barrier and corner flags.
9. Spectators must maintain social distancing protocols, and where practicable coaches should observe and remind. In all settings players should practise social distancing (before/after matches & training and during breaks).
10. All coaches should be familiar with [First Aid Guidance for returning to outdoor competitive grassroots football](#)
11. Covid 19 Officers are the club Trustees detailed below –
 - Dave Malone (Mob: 07740 425525)
 - Alan Lemin (Mob: 07703 547191)
 - Kevin Hastings (Mob: 07930 925140)
 - Graham Peet (Mob: 07875 329830)
 - Mark Hedley (Mob: 07960 798075)